## HUBBARD COMMUNICATIONS OFFICE Saint Hill Manor, East Grinstead, Sussex

Remimeo

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## Dianetic Triples

The additional 2 flows are

Flow No. 2 Locate an Incident of your causing another (item).

Flow No. 3 Locate an Incident of others causing others (item).

Item can be preceded by "a" or "an".

When singles have been run already, take the earliest single item always. Proceed in order of sequence run doing flows No. 2 and No. 3 on each. Don't skip any. Don't start later in list. Interest etc has nothing to do with it. Just do it.

The remaining R-3-R Commands are used without variation.

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